

2024 KEY FINDINGS

23% OF ADULTS EXPERIENCED A MENTAL ILLNESS IN THE PAST YEAR. EQUIVALENT TO NEARLY 60 MILLION AMERICANS.

5% OF ADULTS & **13%** OF YOUTH REPORTED EXPERIENCING SERIOUS THOUGHTS OF SUICIDE.

2022 HAD THE HIGHEST NUMBER OF DEATHS BY SUICIDE EVER RECORDED IN THE U.S.



1 IN 5 YOUTH HAD AT LEAST ONE MAJOR DEPRESSIVE EPISODE (MDE) IN THE PAST YEAR.



OVER 1/2 (NEARLY 3 MILLION YOUTH) DID NOT RECEIVE TREATMENT. OF THOSE WHO DID RECEIVE TREATMENT, ONLY **65%** SAID IT HELPED THEM.

18% OF ADULTS IN THE U.S. HAD A SUBSTANCE USE DISORDER IN THE PAST YEAR.

77% OF THEM DID NOT RECEIVE TREATMENT.

1 IN 4 ADULTS WITH FREQUENT MENTAL DISTRESS COULD NOT SEE A DOCTOR DUE TO COST, A 2% INCREASE OVER THE LAST REPORT.

10% OF ADULTS & **8.5%** OF YOUTH

STILL HAVE PRIVATE INSURANCE THAT DOES NOT COVER MENTAL HEALTH.

THERE ARE 340 PEOPLE FOR EVERY 1 MENTAL HEALTH PROVIDER IN THE U.S.

