

HIGHLIGHTS of ICD-11 Mental Disorders

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Highlights of ICD-11 Classification of Mental, Behavioral, and ...

Quite a few **numbers** of new **disorders** have been added to the. **ICD-11** chapter on **mental, behavioral**, and neurodevelopmental **disorders**. Catatonia. The change in ...

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REVIEW ARTICLE

Highlights of ICD-11 Classification of Mental, Behavioral, and Neurodevelopmental Disorders

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ABSTRACT

International classification of diseases (ICD)-11 is expected to be operative on the first day of January 2022. The key principle in this revision is simplification of the coding structure, electronic tooling, along with incorporation of advancements that occurred over past 30 years, since the publication of ICD-10. For a classification of mental disorders, development of the ICD-11 has been the most global, multilingual, multidisciplinary, and participative revision process by far. Adoption of a life-span approach, incorporation of a dimensional approach, provision of consistent and systematically characterized information as per recent evidence, and culture-related guidance along with effort for destigmatization are the salient features of this revision. In this review, we highlighted the process of developing the clinical description and diagnostic guidelines (CDDG), discussed the new disorders that were added with rationale, and last described the salient features of disorder grouping, pointing the key changes from ICD-10.

Keywords: Dimensional approaches, ICD-11 classification, International classification of diseases, Life-span approach.

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INTRODUCTION

International classification of diseases is the foundation for the identification of health trends and statistics globally and the international standard for reporting diseases and health conditions. There had been a substantial advancement in medical science over the past 30 years since the endorsement of ICD-10 in May 1990 by the 43rd World Health Assembly—often found to be outdated both clinically and from a classification perspective. Minor updating of the ICD chapters probably would not be sufficient enough. Additionally, increasing need to operate in an electronic environment in this modern era also expedited the development of 11th version. On June 18, 2018, the World Health Organization (WHO) released a pre-final version of

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