

## Goal attainment scaling (GAS)

The Shirley Ryan Abilitylab defines Goal Attainment Scaling or GAS as "an individualized outcome measure involving goal selection and goal scaling that is standardized in order to calculate the extent to which a patient's goals are met." GAS is a goal-setting technique which has a mathematical basis.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7907701/>

Goal attainment scaling to facilitate person-centred, medicines-related consultations.

**GOOGLE:**

## Images for goal attainment scaling



**The GROW Model**