

Thank you for attending. Please reach out to me if you have any questions or would like to further discuss anything presented.
Sincerely, Samara C Kezele Fritchman

LINKS CAN CHANGE WITHOUT NOTICE—IF CLICKING ON BLUE LINKS DO NOT TAKE YOU TO THE SOURCE THAN GOOGLE THE “DESCRIPTIVE WORDS”

Samara’s WEBSITE: <https://www.samdia.com>

Click on the CONTACT tab and send me an email

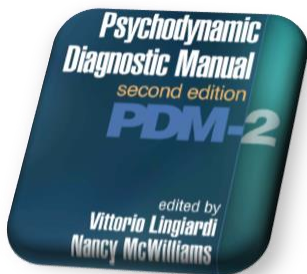
I offer several webinars for CEs through INR Webinars:

<https://www.inrseminars.com/Seminarsr.aspx?st=Webinars>

Search by “Instructor” → Samara Fritchman

FREE Psychodynamic Diagnostic Manual-2. (PDF FORMAT you can save to your computer)

<https://static1.squarespace.com/static/5d4ae1056a02d00001cbc927/t/5ff8fb0f7f5beb333be6a83d/1610152722116/PDM-2.pdf>

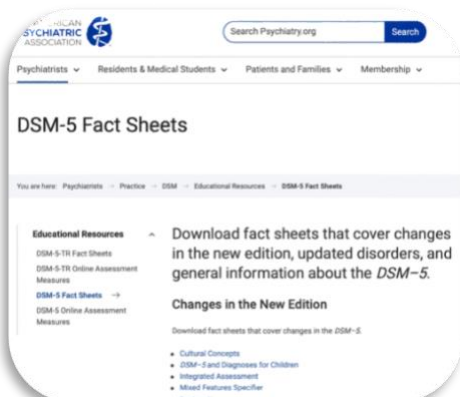


← Screen shot of the page the above link directs you to.

You will not use this manual for diagnosing or billing (no codes), but It makes a good companion for the DSM-5-TR. It has clinical case examples and assessment tools. It’s FREE.

DSM-5-TR FACT SHEETS and other relevant information

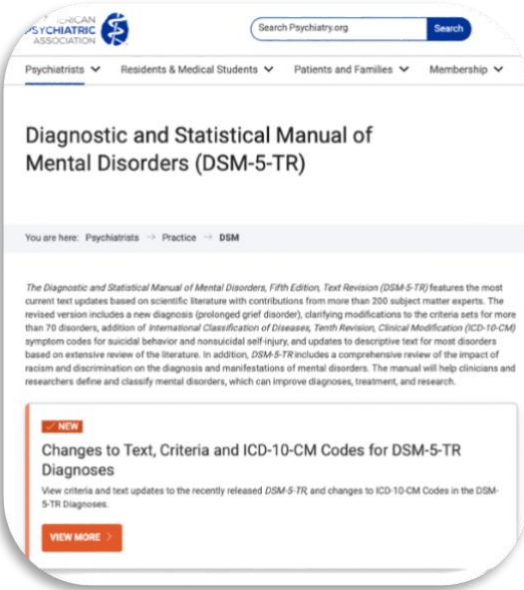
<https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/dsm-5-fact-sheets>



← Screen shot of the page the above link directs you to.

CHANGES TO TEXT, CRITERIA, AND THE NEW ICD-10-CM CODES (for billing)

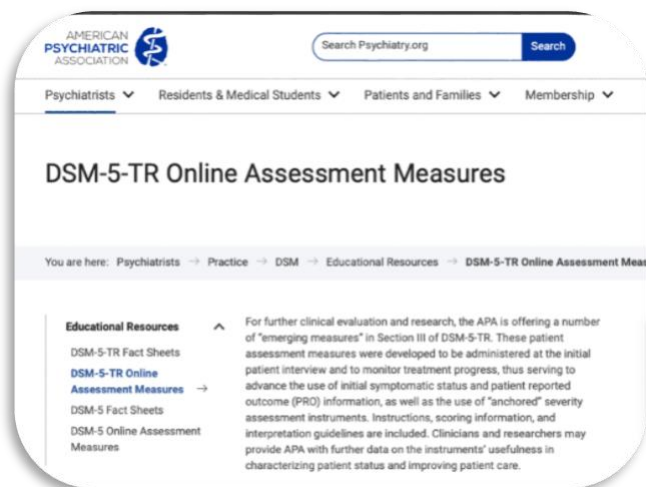
<https://www.psychiatry.org/dsm5>



← Screen shot of the page the above link directs you to.

ONLINE ASSESSMENT MEASURES

<https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures>



← Screen shot of the page the above link directs you to.

LISTING OF ALL the DSM-5-TR ASSESSMENTS, from the previous page

Level 1 Cross-Cutting Symptom Measures

- DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Adult (also available in print book)
- DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17 (also available in print book)
- DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17

Level 2 Cross-Cutting Symptom Measures

For Adults

- Level 2—Depression—Adult (PROMIS Emotional Distress—Depression—Short Form)
- Level 2—Anger—Adult (PROMIS Emotional Distress—Anger—Short Form)
- Level 2—Mania—Adult (Altman Self-Rating Mania Scale [ASRM])
- Level 2—Anxiety—Adult (PROMIS Emotional Distress—Anxiety—Short Form)
- Level 2—Somatic Symptom—Adult (Patient Health Questionnaire 15 Somatic Symptom Severity Scale [PHQ-15])
- Level 2—Sleep Disturbance—Adult (PROMIS—Sleep Disturbance—Short Form)
- Level 2—Repetitive Thoughts and Behaviors—Adult (Adapted from the Florida Obsessive-Compulsive Inventory [FOCI] Severity Scale [Part B])
- Level 2—Substance Use—Adult (Adapted from the NIDA-Modified ASSIST)

For Parents of Children Ages 6–17

- Level 2—Somatic Symptom—Parent/Guardian of Child Age 6–17 (Patient Health Questionnaire 15 Somatic Symptom Severity Scale [PHQ-15])
- Level 2—Sleep Disturbance—Parent/Guardian of Child Age 6–17 (PROMIS—Sleep Disturbance—Short Form)
- Level 2—Inattention—Parent/Guardian of Child Age 6–17 (Swanson, Nolan, and Pelham, version IV [SNAP-IV])
- Level 2—Depression—Parent/Guardian of Child Age 6–17 (PROMIS Emotional Distress—Depression—Parent Item Bank)
- Level 2—Anger—Parent/Guardian of Child Age 6–17 (PROMIS Emotional Distress—Calibrated Anger Measure—Parent)
- Level 2—Irritability—Parent/Guardian of Child Age 6–17 (Affective Reactivity Index [ARI])
- Level 2—Mania—Parent/Guardian of Child Age 6–17 (Adapted from the Altman Self-Rating Mania Scale [ASRM])
- Level 2—Anxiety—Parent/Guardian of Child Age 6–17 (Adapted from PROMIS Emotional Distress—Anxiety—Parent Item Bank)
- Level 2—Substance Use—Parent/Guardian of Child Age 6–17 (Adapted from the NIDA-Modified ASSIST)

For Children Ages 11–17

- Level 2—Somatic Symptom—Child Age 11–17 (Patient Health Questionnaire 15 Somatic Symptom Severity Scale [PHQ-15])
- Level 2—Sleep Disturbance—Child Age 11–17 (PROMIS—Sleep Disturbance—Short Form)
- Level 2—Depression—Child Age 11–17 (PROMIS Emotional Distress—Depression—Pediatric Item Bank)
- Level 2—Anger—Child Age 11–17 (PROMIS Emotional Distress—Calibrated Anger Measure—Pediatric)
- Level 2—Irritability—Child Age 11–17 (Affective Reactivity Index [ARI])
- Level 2—Mania—Child Age 11–17 (Altman Self-Rating Mania Scale [ASRM])
- Level 2—Anxiety—Child Age 11–17 (PROMIS Emotional Distress—Anxiety—Pediatric Item Bank)
- Level 2—Repetitive Thoughts and Behaviors—Child Age 11–17 (Adapted from the Children’s Florida Obsessive Compulsive Inventory [C-FOCI] Severity Scale)
- Level 2—Substance Use—Child Age 11–17 (Adapted from the NIDA-Modified ASSIST)

Disorder-Specific Severity Measures

For Adults

- Severity Measure for Depression—Adult (Patient Health Questionnaire [PHQ-9])
- Severity Measure for Separation Anxiety Disorder—Adult
- Severity Measure for Specific Phobia—Adult
- Severity Measure for Social Anxiety Disorder (Social Phobia)—Adult
- Severity Measure for Panic Disorder—Adult
- Severity Measure for Agoraphobia—Adult
- Severity Measure for Generalized Anxiety Disorder—Adult
- Severity of Posttraumatic Stress Symptoms—Adult (National Stressful Events Survey PTSD Short Scale [NSESS])
- Severity of Acute Stress Symptoms—Adult (National Stressful Events Survey Acute Stress Disorder Short Scale [NSESS])
- Severity of Dissociative Symptoms—Adult (Brief Dissociative Experiences Scale [DES-B])

For Children Ages 11–17

- Severity Measure for Depression—Child Age 11–17 (PHQ-9 modified for Adolescents [PHQ-A]—Adapted)
- Severity Measure for Separation Anxiety Disorder—Child Age 11–17
- Severity Measure for Specific Phobia—Child Age 11–17
- Severity Measure for Social Anxiety Disorder (Social Phobia)—Child Age 11–17
- Severity Measure for Panic Disorder—Child Age 11–17
- Severity Measure for Agoraphobia—Child Age 11–17
- Severity Measure for Generalized Anxiety Disorder—Child Age 11–17
- Severity of Posttraumatic Stress Symptoms—Child Age 11–17 (National Stressful Events Survey PTSD Short Scale [NSESS])
- Severity of Acute Stress Symptoms—Child Age 11–17 (National Stressful Events Survey Acute Stress Disorder Short Scale [NSESS])
- Severity of Dissociative Symptoms—Child Age 11–17 (Brief Dissociative Experiences Scale [DES-B])

Clinician-Rated

- [Clinician-Rated Severity of Autism Spectrum and Social Communication Disorders](#)
- [Clinician-Rated Dimensions of Psychosis Symptom Severity](#) (also available in print book)
- [Clinician-Rated Severity of Somatic Symptom Disorder](#)
- [Clinician-Rated Severity of Oppositional Defiant Disorder](#)
- [Clinician-Rated Severity of Conduct Disorder](#)
- [Clinician-Rated Severity of Nonsuicidal Self-Injury](#)

Disability Measures

- [WHODAS 2.0 \(World Health Organization Disability Schedule 2.0, 36-item version, self-administered\)](#) (also available in print book)
- [WHODAS 2.0 \(World Health Organization Disability Schedule 2.0, 36-item version, proxy-administered\)](#)

Personality Inventories

For Adults

- [The Personality Inventory for DSM-5—Brief Form \(PID-5-BF\)—Adult](#)
- [The Personality Inventory for DSM-5 \(PID-5\)—Adult](#)
- [The Personality Inventory for DSM-5—Informant Form \(PID-5-IRF\)—Adult](#)

For Children Ages 11–17

- [The Personality Inventory for DSM-5—Brief Form \(PID-5-BF\)—Child Age 11–17](#)
- [The Personality Inventory for DSM-5 \(PID-5\)—Child Age 11–17](#)

Early Development and Home Background

For Parents of Children Ages 6–17

- [Early Development and Home Background \(EDHB\) Form—Parent/Guardian](#)

Clinician-Rated

- [Early Development and Home Background \(EDHB\) Form—Clinician](#)

Cultural Formulation Interviews

- [Cultural Formulation Interview](#) (also available in print book)
- [Cultural Formulation Interview—Informant Version](#) (also available in print book)
- [Supplementary Modules to the Core Cultural Formulation Interview \(CFI\)](#)

WHODAS 2.0

(World Health Organization Disability Assessment Scale) [Replaced the DSM-IV-TR GAF (Global Assessment of Functioning Scale)]

https://www.psychiatry.org/File%20Library/Psychiatrists/Practice/DSM/APA_DSM5_WHODAS-2-Self-Administered.pdf

The APA is offering a number of "emerging measures" for further research and clinical evaluation. These patient assessment measures were developed to be administered at the initial patient interview and to monitor treatment progress. They should be used in research and evaluation as potentially useful tools to enhance clinical decision-making and not as the sole basis for making a clinical diagnosis. Instructions, scoring information, and interpretation guidelines are provided; further background information can be found in DSM-5. The APA requests that clinicians and researchers provide further data on the instruments' usefulness in characterizing patient status and improving patient care at <http://www.dsm5.org/Pages/Feedback-Form.aspx>.

Measure: WHODAS 2.0 (World Health Organization Disability Assessment Schedule 2.0): 36-item version, self-administered
© World Health Organization, 2012. Measuring health and disability: manual for WHO Disability Assessment Schedule (WHODAS 2.0), World Health Organization, 2010, Geneva.

Rights granted: The World Health Organization has granted the Publisher permission for the reproduction of this instrument. This material can be reproduced without permission by clinicians for use with their own patients. Any other use, including electronic use, requires written permission from WHO.

Rights holder: World Health Organization (WHO)
To request permission for any other use beyond what is stipulated above, contact: World Health Organization (WHO)

← You will see this page—scroll down for the actual WHODAS 2.0 Scale

Also, refer to Section III in the DSM-5-TR for more detailed information

PROLONGED GRIEF DISORDER ASSESSMENTS

<https://endoflife.weill.cornell.edu/sites/default/files/pg-13.pdf>

Prolonged Grief Disorder (PG – 13) ©

Holly G. Prigerson, Ph.D., Paul K. Maciejewski, Ph.D.

PGD is a newly defined syndrome that is a specific reaction to the loss of someone loved very much. There are a particular set of PGD symptoms – feelings, thoughts, actions – that must be elevated at 6 months post-loss and that must be associated with significant functional impairment in order for a person to meet criteria for PGD.

← Screen shot of the page the above link directs you to.

<https://www.psychiatry.org/patients-families/prolonged-grief-disorder>

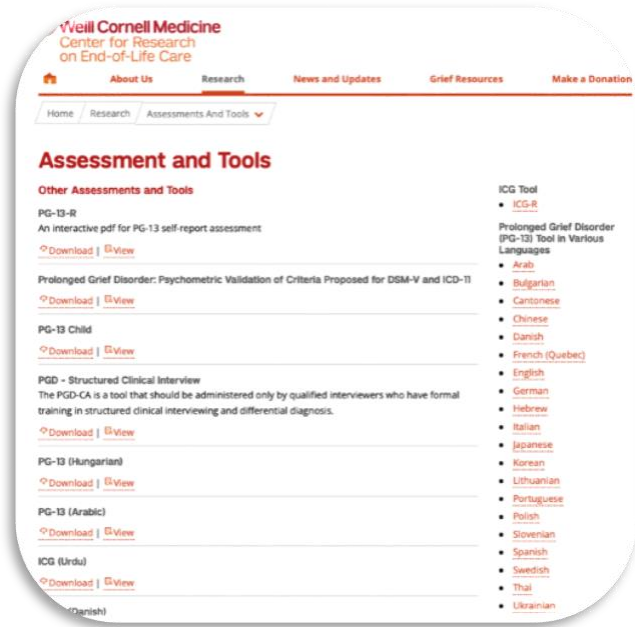
The screenshot shows the top navigation bar of the American Psychiatric Association website. It includes the logo, a search bar with the text "Search Psychiatry.org", and a "Search" button. Below the navigation bar are dropdown menus for "Psychiatrists", "Residents & Medical Students", "Patients and Families", and "Membership". A breadcrumb trail indicates the current location: "You are here: Patients and Families → Prolonged Grief Disorder". The main heading is "Prolonged Grief Disorder". The introductory text reads: "Grief is a natural response to the loss of a loved one. For most people, the symptoms of grief begin to decrease over time. However, for a small group of people, the feeling of intense grief persists, and the symptoms are severe enough to cause problems and stop them from continuing with their lives. Prolonged grief disorder is characterized by this intense and persistent grief that causes problems and interferes with daily life."

← Screen shot of the page the above link directs you to.

Prolonged Grief Disorder Assessments – Other Languages

End-of-Life Center for Research

https://endoflife.weill.cornell.edu/research/assessments_and_tools



← Screen shot of the page the above link directs you to.

PROLONGED GRIEF DISORDER Q1-Q13 QUESTIONNAIRE

https://www.researchgate.net/figure/PG-13-Revised-by-HG-Prigerson-J-Xu-and-PK-Maciejewski_fig1_348514819

Prolonged Grief Disorder (PG-13-Revised)

Q1. Have you lost someone significant to you? Yes No

Q2. How many months has it been since your significant other died? Months

For each item below, please indicate how you currently feel

Since the death, or as a result of the death...	Not at all	Slightly	Somewhat	Quite a bit	Overwhelmingly
Q3. Do you feel yourself longing or yearning for the person who died?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q4. Do you have trouble doing the things you normally do because you are thinking so much about the person who died?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q5. Do you feel confused about your role in life or feel like you don't know who you are any more (i.e., feeling like that a part of you has died)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q6. Do you have trouble believing that the person who died is really gone?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q7. Do you avoid reminders that the person who died is really gone?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q8. Do you feel emotional pain (e.g., anger, bitterness, sorrow) related to the death?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q9. Do you feel that you have trouble re-engaging in life (e.g., problems engaging with friends, pursuing interests, planning for the future)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q10. Do you feel emotionally numb or detached from others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q11. Do you feel that life is meaningless without the person who died?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q12. Do you feel alone or lonely without the deceased?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Q13. Have the symptoms above caused significant impairment in social, occupational, or other important areas of functioning?	<input type="radio"/> Yes	<input type="radio"/> No			

PG-13-Revised (by H.G. Prigerson, J. Xu and P.K. Maciejewski)

← Screen shot of the page the above link directs you to.