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Online Assessment Measures

For further clinical evaluation and research, the APA is offering a number of “emerging measures” in Section III of DSM-5-TR. These patient assessment measures were developed to be administered at the initial patient interview and to monitor treatment progress, thus serving to advance the use of initial symptomatic status and patient reported outcome (PRO) information, as well as the use of “anchored” severity assessment instruments. Instructions, scoring information, and interpretation guidelines are included. Clinicians and researchers may provide APA with further data on the instruments’ usefulness in characterizing patient status and improving patient care.

Level 1 Cross-Cutting Symptom Measures

- [DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Adult](#) (also available in print book)
- [DSM-5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17](#) (also available in print book)
- [DSM-5 Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17](#)

Level 2 Cross-Cutting Symptom