Coming in JUNE 2017! Serving Ellensburg, Yakima, Wenatchee and Surrounding Areas

TWO TOPICS—FOUR SESSIONS TO CHOOSE FROM—OR SIGN UP FOR ALL FOUR! CEU APPROVED

Counseling Complex Christian Clients & Ethics and Legal Concerns for Christian

Counselors

Friday JUNE 2, 2017 & Saturday JUNE 3, 2017

906 E Mountain View Ave. Ellensburg. WA 98926

Samdia Seminars: Illuminating and Timely

Counseling Complex Christian Clients & Ethics and Legal Concerns for Christian Counselors

TWO TOPICS—FOUR SESSIONS TO CHOOSE FROM—OR SIGN UP FOR ALL FOUR!

FRIDAY—8:45 AM to 12:00 NOON: Counseling Complex Clients PART 1
12:45 PM to 4:00 PM: Ethics and Legal Concerns PART 1
SATURDAY—8:45 AM to 12:00 NOON: Counseling Complex Clients PART 2
12:45 PM to 4:00 PM: Ethics and Legal Concerns PART 2

\$79.00 for 3 hours; \$149.00 for 6 hours; \$199.00 for 9 hours; and, only \$249.00 for 12 hours

COUNSELING COMPLEX CHRISTIAN CLIENTS

Multi-morbidity, mood and impulsivity: assessment, treatment, and intervention. Many Christians continue to struggle with strong negative reactions, continued beliefs in false ideas, continued destructive relationships, and Interpersonal obsessions. At this seminar, you will see clients' conditions in terms of affect and attachment rather than cognitive schemas; and resistance, over-reactivity, and impulsivity as the result of emotional set-points. Practitioners from all corners of the psychotherapy landscape are invited to attend and glean from therapeutic approaches to help you work successfully and confidently with complex clients.

ETHICS AND LEGAL ISSUES FOR CHRISTIAN COUNSELORS

Ethical issues in mental health and related healthcare positions pose some of the most challenging questions; and the questions change with each advancement in technology and each new piece of legislation—bringing a constant barrage of vexing ethical dilemmas. This seminar will help you sort out facts from fiction, ethical issues from legal issues, and their application in practice. You will gain an understanding and an appreciation for the purpose and practice of ethical standards, and learn how to decrease your risk of being drawn into an ethical or legal issue.

Samara's clinical work, relevant examples, her use of humor and her ability to elicit lively audience interaction helps make the time spent "fun" as well as informative – the time will fly by!

CONTINUING EDUCATION & WALK-IN REGISTRATIONS

<u>CEUs:</u> Participants will receive one CEU for *each hour* of attendance. CEU clock hours are issued by Pierce College, an accredited institution of higher education, which meets all states counseling professions' CEU requirements. <u>WALK-IN REGISTRATION:</u> Walk-ins will need to add \$40.00 to each applicable pre-registration fee – we greatly appreciated pre-registration as it helps us keep our pricing



Samara C. Kezele Fritchman, LMHC, JD, PhD (EdPsy)

Through her business endeavors, she has covered topics in psychology, human relations, job skills and general business, working with all levels of staff spanning a variety of job classifications, ethnic backgrounds, and educational levels. She has developed, coordinated and offered training programs to Mental Health and Healthcare Professionals, Educators and professionals in nearly all walks of life. She is a Washington State Licensed Mental Health Counselor; with a BA in Business and a Master of Arts in Counseling Psychology, and has earned her PhD in Educational Psychology (EdPsy).

Samara has a unique background in both counseling and law, with 30 years of experience in counseling, medication, education, employee assistance and human resource programs. She has presented hundreds of training programs regionally and nationally to mental health and healthcare professionals, educators, and professionals from many levels of business activities. Samara's experience with complex clients—multimorbidity, impulsivity spectrum disorders, over-reactive and over-reluctant clients, and therapeutic impasses—provides the backdrop for her seminars. Her private practice and group work over the years focused on complex clients: Bipolar, Depression and Anxiety, Obsessive-compulsive behaviors, & Borderline Personality traits.

Samara's clinical work, relevant examples, her use of humor and her ability to elicit lively participant interaction helps make the time spent "fun" as well as informative – the time will fly by!

WHAT YOU WILL LEARN (Complex Clients)

- Treatment skills to promote change with more challenging, complex, multimorbidity clients
- Interventions to assist clients in recovering from toxic change, discouragement, or misfortune, helping them acquire personal buoyancy

WHAT YOU WILL LEARN (Ethics):

- How to avoid these ethical concerns: practicing outside your level of competence, relational boundary misinterpretations and power differentiation
- How to reduce liability through appropriate and necessary precautions

COURSE CONTENT: ETHICS

Part 1:

- FOUNDATIONS OF ETHICAL CODES
- THE CHRISTIAN MH PROFESSION
- LAW, ETHICS, & CLINICAL PRACTICE
- THE CHRISTIAN CLINICIAN

Part 2:

- THE ETHICAL CLINICIAN
- RECORDS AND REQUIREMENTS
- THE COUNSELING RELATIONSHIP
- PROFESSIONAL BOUNDARIES

CONQUERING ETHICAL DILEMMAS

COURSE CONTENT: COMPLEX CLIENTS

Part 1:

- COMPLEX PATHOLOGY
- COMMON ISSUES ARISING AMONG CLIENTS IN RECOVERY
- OVERCOMING TOXIC-LIFE PATTERNS

Part 2:

- WORKING WITH COMPLEX CHRISTIAN
- TOOLS FOR COUNSELING CLIENTS WHO REMAIN STUCK IN TOXIC-LIFE PATTERNS
- INTERVENTIONS FOR CHANGE

WHAT OTHERS HAVE TO SAY

"My immediate reaction at the end of the program was that she had taken a subject which many people consider uninteresting and brought it to life for a captivated audience. Both her knowledge of the subject and her manner of delivery made this possible." **Charles Arbaugh, Attorney at Law, LPC**

"I appreciated Samara's attention to making course material relevant to each participant. Her background and experience added details you can't find everywhere." Virginia Hadley, RN, CDP, RH

"I found the class timely, relevant, and well presented, and comprehensive; it will be extremely useful in my on-going consultations with clients and my teammates." Craig Nelson, MA, CMHC, CEAP, SPHR

"[Samara's course] was excellent! She streamlined what we professional would need to remember about ethics. It was a memorable seminar—and I think Ms. Fritchman is an excellent teacher." Patricia Hollister, LMFT

"She brings solid expertise and well-researched methodology to her trainings. [the training] has eased my fear of "doing it wrong."" Jason Fierstein, MA, LPC, Private Practice

CONTINUING EDUCATION

Participants will receive one CEU for *each hour* of attendance. CEU clock hours are issued by Seattle Central College, an accredited institution of higher education, which meets all states counseling professions' CEU requirements

REGISTRATION FORM



Samdia Seminars: Illuminating and Timely

www.samdia.com
QUESTIONS: samdia.com@gmail.com

Counseling Complex Christian Clients & Ethics and Legal Concerns for Christian Counselors

<u>WALK - IN REGISTRATION</u>: Please note that walk-in registrations will cost an additional \$40.00 toward each applicable pre-registration fee listed below. We greatly appreciated pre-registration, as it helps keep our pricing affordable

DEADLINE: 5/25/2017

Payment by Check—MAIL registration form with check 3800 Bridgeport Way W #A347, Tacoma, WA 98466 **Payment by Credit Card—FAX** registration form to 253.857.5756

I'll only be attending **ONE** session (please select the **ONE** session you will be attending):

PLEASE KEEP A COPY FOR YOUR RECORDS

COST \$79.00

3 CEs

I'll be attending TWO sessions (please select the TWO sessions you will be attending):				COST \$149.00	
_	E sessions (please select the THRE	_		COST \$199.00	
I'll be attending ALL F	OUR sessions (please select the Ti	HREE sessions you will	be attending):	COST \$249.00	12 CEs
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□ Ethics and Le	egal Concerns Part 1 – Fi	riday 6/2/2017 :	12:45 pm t	o 4:00 pm	
☐ Complex Clie	ents Part 2 – Saturday 6	/3/2016 8:45 an	n to 12:00	noon	
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□ Ethics and Le	egal Concerns Part 2 – Sa	aturuay 6/3/201	17 12:45 p	m to 4:00 p)III
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ach session has a workbook and resource guide

We look forward to meeting you!

THANK YOU

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We look forward to seeing you there!