

DSM5 ASSESSMENT TOOLS

WEBPAGE: <https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures>

Or follow the below links...

Online Assessment Measures

For further clinical evaluation and research, the APA is offering a number of “emerging measures” in Section III of *DSM–5*. These patient assessment measures were developed to be administered at the initial patient interview and to monitor treatment progress, thus serving to advance the use of initial symptomatic status and patient reported outcome (PRO) information, as well as the use of “anchored” severity assessment instruments. Instructions, scoring information, and interpretation guidelines are included. Clinicians and researchers may provide APA with [feedback](#) on the instruments’ usefulness in characterizing patient status and improving patient care.

Level 1 Cross-Cutting Symptom Measures

- [DSM–5 Self-Rated Level 1 Cross-Cutting Symptom Measure, Adult](#) (also available in print book)
- [DSM–5 Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure, Child Age 6, 17](#) (also available in print book)
- [DSM–5 Self-Rated Level 1 Cross-Cutting Symptom Measure, Child Age 11 to 17](#)

Level 2 Cross-Cutting Symptom Measures

For Adults

- [LEVEL 2, Depression, Adult \(PROMIS Emotional Distress, Depression, Short Form\)](#)
- [LEVEL 2, Anger, Adult \(PROMIS Emotional Distress, Anger, Short Form\)](#)
- [LEVEL 2, Mania, Adult \(Altman Self-Rating Mania Scale \[ASRM\]\)](#)
- [LEVEL 2, Anxiety, Adult \(PROMIS Emotional Distress, Anxiety, Short Form\)](#)
- [LEVEL 2, Somatic Symptom, Adult \(Patient Health Questionnaire 15 Somatic Symptom Severity Scale \[PHQ-15\]\)](#)
- [LEVEL 2, Sleep Disturbance, Adult \(PROMIS, Sleep Disturbance, Short Form\)](#)
- [LEVEL 2, Repetitive Thoughts and Behaviors, Adult](#) (Adapted from the Florida Obsessive-Compulsive Inventory [FOCI] Severity Scale [Part B])
- [LEVEL 2, Substance Use, Adult](#) (Adapted from the NIDA-Modified ASSIST)

For Parents of Children Ages 6, 17

- LEVEL 2, Somatic Symptom, Parent/Guardian of Child Age 6, 17 (Patient Health Questionnaire 15 Somatic Symptom Severity Scale [PHQ-15])
- LEVEL 2, Sleep Disturbance, Parent/Guardian of Child Age 6, 17 (PROMIS, Sleep Disturbance, Short Form)
- LEVEL 2, Inattention, Parent/Guardian of Child Age 6, 17 (Swanson, Nolan, and Pelham, version IV [SNAP-IV])
- LEVEL 2, Depression, Parent/Guardian of Child Age 6, 17 (PROMIS Emotional Distress, Depression, Parent Item Bank)
- LEVEL 2, Anger, Parent/Guardian of Child Age 6, 17 (PROMIS Emotional Distress, Calibrated Anger Measure, Parent)
- LEVEL 2, Irritability, Parent/Guardian of Child Age 6, 17 (Affective Reactivity Index [ARI])
- LEVEL 2, Mania, Parent/Guardian of Child Age 6, 17 (Adapted from the Altman Self-Rating Mania Scale [ASRM])
- LEVEL 2, Anxiety, Parent/Guardian of Child Age 6, 17 (Adapted from PROMIS Emotional Distress, Anxiety, Parent Item Bank)
- LEVEL 2, Substance Use, Parent/Guardian of Child Age 6, 17 (Adapted from the NIDA-Modified ASSIST)

For Children Ages 11 to 17

- LEVEL 2, Somatic Symptom, Child Age 11 to 17 (Patient Health Questionnaire 15 Somatic Symptom Severity Scale [PHQ-15])
- LEVEL 2, Sleep Disturbance, Child Age 11 to 17 (PROMIS, Sleep Disturbance, Short Form)
- LEVEL 2, Depression, Child Age 11 to 17 (PROMIS Emotional Distress, Depression, Pediatric Item Bank)
- LEVEL 2, Anger, Child Age 11 to 17 (PROMIS Emotional Distress, Calibrated Anger Measure, Pediatric)
- LEVEL 2, Irritability, Child Age 11 to 17 (Affective Reactivity Index [ARI])
- LEVEL 2, Mania, Child Age 11 to 17 (Altman Self-Rating Mania Scale [ASRM])
- LEVEL 2, Anxiety, Child Age 11 to 17 (PROMIS Emotional Distress, Anxiety, Pediatric Item Bank)
- LEVEL 2, Repetitive Thoughts and Behaviors, Child Age 11 to 17 (Adapted from the Children's Florida Obsessive Compulsive Inventory [C-FOCI] Severity Scale)
- LEVEL 2, Substance Use, Child Age 11 to 17 (Adapted from the NIDA-Modified ASSIST)

Disorder-Specific Severity Measures

For Adults

- Severity Measure for Depression, Adult (Patient Health Questionnaire [PHQ-9])
- Severity Measure for Separation Anxiety Disorder, Adult
- Severity Measure for Specific Phobia, Adult
- Severity Measure for Social Anxiety Disorder (Social Phobia), Adult

- Severity Measure for Panic Disorder, Adult
- Severity Measure for Agoraphobia, Adult
- Severity Measure for Generalized Anxiety Disorder, Adult
- Severity of Posttraumatic Stress Symptoms, Adult (National Stressful Events Survey PTSD Short Scale [NSESS])
- Severity of Acute Stress Symptoms, Adult (National Stressful Events Survey Acute Stress Disorder Short Scale [NSESS])
- Severity of Dissociative Symptoms, Adult (Brief Dissociative Experiences Scale [DES-B])

For Children Ages 11 to 17

- Severity Measure for Depression, Child Age 11 to 17 (PHQ-9 modified for Adolescents [PHQ-A], Adapted)
- Severity Measure for Separation Anxiety Disorder, Child Age 11 to 17
- Severity Measure for Specific Phobia, Child Age 11 to 17
- Severity Measure for Social Anxiety Disorder (Social Phobia), Child Age 11 to 17
- Severity Measure for Agoraphobia, Child Age 11 to 17
- Severity Measure for Generalized Anxiety Disorder, Child Age 11 to 17
- Severity of Posttraumatic Stress Symptoms, Child Age 11 to 17 (National Stressful Events Survey PTSD Short Scale [NSESS])
- Severity of Acute Stress Symptoms, Child Age 11 to 17 (National Stressful Events Survey Acute Stress Disorder Short Scale [NSESS])
- Severity of Dissociative Symptoms, Child Age 11 to 17 (Brief Dissociative Experiences Scale [DES-B])

Clinician-Rated

- Clinician-Rated Severity of Autism Spectrum and Social Communication Disorders
- Clinician-Rated Dimensions of Psychosis Symptom Severity (also available in print book)
- Clinician-Rated Severity of Somatic Symptom Disorder
- Clinician-Rated Severity of Oppositional Defiant Disorder
- Clinician-Rated Severity of Conduct Disorder
- Clinician-Rated Severity of Nonsuicidal Self-Injury

Disability Measures

- WHODAS 2.0 (World Health Organization Disability Schedule 2.0, 36-item version, self-administered. Also available in print book)
- WHODAS 2.0 (World Health Organization Disability Schedule 2.0, 36-item version, proxy-administered)

Personality Inventories

For Adults

- [The Personality Inventory for DSM–5, Brief Form \(PID-5-BF\), Adult](#)
- [The Personality Inventory for DSM–5 \(PID-5\), Adult](#)
- [The Personality Inventory for DSM–5, Informant Form \(PID-5-IRF\), Adult](#)

For Children Ages 11 to 17

- [The Personality Inventory for DSM–5, Brief Form \(PID-5-BF\), Child Age 11 to 17](#)
- [The Personality Inventory for DSM–5 \(PID-5\), Child Age 11 to 17](#)

Early Development and Home Background

For Parents of Children Ages 6 to 17

- [Early Development and Home Background \(EDHB\) Form, Parent/Guardian](#)

Clinician-Rated

- [Early Development and Home Background \(EDHB\) Form, Clinician](#)

Cultural Formulation Interviews

- [Cultural Formulation Interview](#) (also available as a [print book](#))
- [Cultural Formulation Interview, Informant Version](#) (also available in print book)
- [Supplementary Modules to the Core Cultural Formulation Interview \(CFI\)](#)