

## MENTAL HEALTH ASSESSMENTS

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# Understanding the Different Types of Mental Health Assessments and Screening Tools for Behavioral Health Clinicians

By [sandy](#) | October 27, 2019 | 0



Identifying and treating behavioral and mental health disorders is not as straightforward as treating bodily illness or injury. Mental illness symptoms manifest in cognitive, emotional, behavioral and sometimes physical ways, making it challenging to grasp the full diagnosis at a glance. Mental health assessments are valuable tools for practitioners to help fill in these gaps and provide a better-rounded picture of a patient's status.

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