


LINK-Resources for Mental Health

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<https://socialworklicensemap.com/social-work-resources/mental-health-resources-list/>

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Mental Health Resources List



60 Digital Resources for Mental Health

Mental health is an undeniably important matter, yet most people don't have access to the resources they need when they need help. At Social Work License Map, we have compiled a comprehensive list of resources for anyone seeking information about and/or help for a range of mental health issues.

Our list spans diagnostic tools, research portals, government organizations, nonprofits, blogs, and phone hotlines devoted to addressing issues ranging from general mental illnesses and disorders such as autism, anxiety, depression, eating disorders, and substance abuse, to the specific needs of diverse populations, including LGBTQ youth, minorities, women, and veterans. Take a look at these resources, and we hope you find our list helpful!

Have suggestions for any important resource we may have missed? Email us at contactus@socialworklicensemap.com

Jump to a specific population: <ul style="list-style-type: none">Lesbian, gay, bisexual and transgenderMilitary/VeteransMinoritySeniorsWomenYouth, Teens, School and College Students	Jump to a specific disorder: <ul style="list-style-type: none">Anxiety, OCD, PTSD and DepressionAutism/Asperger'sBipolarEating DisordersSchizophreniaSubstance Abuse
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