

SELF-REFLECTION: Gender & Ethnicity

Answer questions on issues of gender and ethnicity

Complete the following sentence stems at least ten times.

- A good mother (or significant female caregiver) should be...
- A good daughter should be...
- List 10 words to describe your mother:
- Describe your relationship with your mother.
- How are you similar?
- What gifts have you received?
- What shackles?
- Describe your mother's relationship with her husband and how does it influence her relationships with men.
- How did it influence you?
- What did your mother teach you about intimate relationships, either overtly or covertly? What have you incorporated? What did you reject?
- Name the significant female role models ('Great Mothers') in your life and describe their characteristics, especially those you have decided to incorporate into your own identity.
- List your heroines, either known or idolized from afar or imagined. Describe their characteristics, especially those you would like to incorporate into your own identity.
- Write a new positive myth for women.

Complete the following sentence stems at least ten times.

- A good father (or significant male caregiver) should be...
- A good daughter should be...
- List 10 words to describe your father.
- Describe your relationship with your father.
- Write a dialogue between you and your father about your relationship.
- What did your father teach you about sexuality?
- Name the significant positive male role models 'Sacred Warriors' in your life and describe their characteristics, especially those you have decided to incorporate into your own identity.
- List your heroes either know, or idolized from afar or imagines. Describe their characteristics, especially those you would like to incorporate into your own identity.
- Write a new, positive myth for men.

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Complete the following sentence stems at least ten times.

Other Family Members

- How have your relationships with other family members affected the development of your gender identity?

Peers & Reference Groups

- How have your relationships with your peers affected the development of your gender identity?
- Describe your reference groups and their norms and values. How has being a member, or not being a member, of these groups impacted the development of your gender identity?
- Which other social relationships have had the most impact on you and why?
- Which people have been pivotal in the direction your life has taken?

Teachers and the Educational System

- How have your relationships with your teachers and your experience in the educational system affected the development of your gender identity?

Work/Career & Organizational Systems

- What work organizations have affected the development of your gender identity? How have they affected you?
- How might you, your gender identity and your life have been different without the influence of these organizations?

Your Community

- Describe the communities in which you have lived.

- How have these communities affected the development of your gender identity?

History, Society and Culture

- How have your society and culture affected the development of your gender identity?