

COUNSELING OUTSIDE THE OFFICE WALLS

WHY AM I HAVING CONTACT WITH CLIENT OUTSIDE THE OFFICE WALLS?

- Home Visits
- Home-based Therapy
- In-home Therapy
- Creative Clinical Interventions
- Honoring clients' accomplishments, rituals and life transitions
- Outdoor or Adventure Therapies

REASON FOR COUNSELING OUTSIDE THE OFFICE:

- Is this a clinical reason? [] Yes { } No Explain
- Is it pragmatic? Re there physical and practical reasons for it?

Explain _____

What is affecting the decision? [] mobility _____ [] counseling need
_____ [] cultural _____ [] theoretical orientation [] specific
strategic clinical intervention _____ case management _____
[] other _____

CAVEAT: Always strive to remain in standard of care. Remember, standard of care is defined as qualities and conditions that prevail or should prevail in a particular mental health service and that a reasonable and prudent practitioner follows. The standard is based on community and professional standards, as well as on state laws, case law, licensing boards' regulations, a consensus of professionals, ethics codes of professional associations and a consensus in the community

CONSIDERATIONS:

- Confidentiality and any limits of confidentiality (ie: being seen with the counselor in public places)
- Location and Length of sessions
- Participation (who is involved)
- Safety Issues

All the above considerations should be addressed in a consent form.