

ETHICAL ASSESSMENTS INCLUDE...

Assessment is ongoing and forms the basis of an integrated treatment plan.

Be culturally sensitive when assessing

Assess multiple facets including development, behavior, mental, and physical health

- Explore infancy and early childhood experiences
- Explore strengths and resources
- Explore self-management skills
- Explore communication skills
- Explore interpersonal skills
- Explore task skills
- Explore personal behaviors
- Explore awareness of emotional and environmental triggers
- Explore parenting attitudes and competencies
- Explore family backgrounds explore marital relationships
- Explore sibling relationships
- Explore current support systems
- Explore stressors and stress management
- Explore rules, roles, and boundaries

Look at your information from a variety of paradigms: psychodynamic, family systems, developmental, attachment, and cognitive.