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Cultural Diversity & Ethical Standards

A Multicultural Approach for Your Practice

6 HOURS
ETHICS
CREDIT

Featuring

Samara C. Kezele Fritchman, LMHC, Ph.D., J.D.

Reno, NV Thursday, November 15, 2012

Las Vegas, NV Friday, November 16, 2012

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Cultural Diversity & Ethical Standards

A Multicultural Approach for Your Practice

Featuring

Samara C. Kezele Fritchman, LMHC, Ph.D., J.D.

• Specific and tangible strategies for issues of diversity in your practice

• Be fully aware of ethical standards and the depth of cultural diversity

• Understanding culture is critical because every clinician's, and every client's, individual cultural orientations are both present in every therapy interaction.

6 HOURS
ETHICS
CREDIT

Special Offer!

\$149.⁹⁹

for Early Birds

Reno, NV

Thursday, November 15, 2012

Las Vegas, NV

Friday, November 16, 2012

Cultural Diversity & Ethical Standards

A Multicultural Approach for Your Practice

The impacts of social and cultural diversities reach beyond differences in color, creed, ethnicity, sexual orientation, gender, age, etc. All cultural groups develop habits set on specific to their cultural place. It is clear that the need for multiculturalism in your profession is urgent and necessary for ethical practice, an essential part of your professional work. The purpose of this seminar is:

- Need and rationale for multicultural approach to assessment, practice, training and research
- Specific multicultural standards and competencies
- Call for action: Implementing multicultural standards in your practice

Join Samara, an expert in this field, for this essential workshop. She has a unique background in both counseling and law, with more than 30 years of experience in counseling, mediation, education, employee assistance and human resources consultation. Samara has presented thousands of training programs to mental health and healthcare professionals, educators, and professionals in all walks of life and all levels of business activity. Her seminars are always current and up-to-date with the latest and most relevant needs in your field. Additionally, she has lived and worked in Japan, England, Chile, and the United States; she has also visited more than 30 countries.

You will walk away from the seminar with a practical understanding of the issues in diversity and specific, tangible strategies for addressing these in your professional, personal and community settings. Each registrant will receive a copy of the seminar materials prepared by Samara, which is a handy guide during the day. And—as a special bonus to all attendees—Samara provides a dedicated web page with ethics forms and additional references, a valuable resource long after the seminar ends.

SPEAKER

Samara C. Kezele Fritchman, LMHC, Ph.D., J.D.,

has over thirty years of experience in counseling, meditation, education, employee assistance, and HR consultation, and has trained thousands in essential ethics knowledge. Samara has, through her business endeavors, covered topics in psychology, human relations, job skills and general business, working with all levels of staff spanning a variety of job classifications, ethnic backgrounds, and educational levels. Her work has taken her inside a vast variety of industries: mental health, healthcare, service industries, corporations, and manufacturing. She has developed, coordinated and offered training programs to mental health and healthcare professionals, educators, and professionals in nearly all walks of life - all levels of business activities - employee training, company reorganization, and mediation of disputes and conflict resolution.

She is a Washington State Licensed Mental Health Counselor and a National Certified Counselor through NBCC. In addition, Samara is a Certified Employee Assistance Professional through the International EAP Association.

Samara holds a BA in Business and a M.A. in Counseling Psychology. She has a J.D. (Bachelor of Law degree only), and has earned her Ph.D. in Educational Psychology (Psy. Ed.). Her website is www.samdia.com.



Outline

Ethical Standards and the Depth of Cultural Diversity

Professional diversity ethical requirements
Expand the scope of ethical requirements
Clinician engagement with diversity
Connect ethics to client needs
Background: Association for Multicultural Counseling and Development (AMCD)

Ethics, Competence & Professional Issues with Multicultural Counseling

Evidence of cultural bias
Define "multicultural" competencies
The ethical dilemma of a multicultural clinician
"Mono" to "Multi" –racial, -cultural, and -lingual

Operationalization of Multicultural Standards

Principles of cultural standards
Dimensions of personal identity
Multicultural counseling competencies
Awareness of your own cultural values and biases

Cultural Diversity in Your Practice

Therapeutic best practices
Empower client perception
Facilitating client engagement with community
Pushing the "breakthrough" of oppression

Multicultural Competencies: A Conceptual Framework

Awareness of assumptions, values and biases
Worldview of the culturally different client
Intervention, strategies, and techniques:

- Awareness
- Knowledge
- Skills

Seminar Schedule

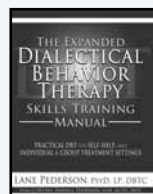
7:30 REGISTRATION/ MORNING COFFEE & TEA
8:00 PROGRAM BEGINS
12:00-1:00 LUNCH (ON YOUR OWN)
3:30 PROGRAM ENDS

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title

Objectives

1. Review the scope and intent of current ethical standards related to cultural diversity.
2. Implement strategies and techniques for multicultural competencies in your practice.
3. Discover your personal stereotypes and preconceived notions about individuals with differing experiences, cultural orientations, language and abilities.
4. Demonstrate your cultural competencies in clinical practice.
5. Integrate cultural comfort levels when differences exist between self and client.
6. Identify, extrapolate, and apply multicultural competencies.

Save on Shipping by Including these Books with Registration



The Expanded Dialectical Behavior Therapy Skills Training Manual: Practical DBT for Self-Help, and Individual & Group Treatment Settings

By Lane Pedersonn, Psy.D.

With a total of nine modules, this is the most comprehensive DBT skills manual available to therapists. In addition to fresh updates on the classic modules of Mindfulness, Distress Tolerance, Emotion Regulation, and Interpersonal Effectiveness, this manual expands skills training into the areas of Dialectics, Shifting Thoughts, Building Routines, Problem-Solving, and Boundaries.

Straight-forward explanations and useful worksheets make the skills accessible to clients. Practical guidance on clinical policies with program forms help therapists create safe and structured treatment environments.

Highly readable and user-friendly, this definitive manual is an invaluable resource for clients and therapists across theoretical orientations.



Cultivating Lasting Happiness: A 7-Step Guide to Mindfulness

By Terry Fralich, LCPC

PESI presenter, educator and clinician Terry Fralich offers readers a practical, step-by-step approach to understanding mindfulness. With his personal and engaging style, Terry presents a comprehensive and well-organized set of techniques. The material will enable clinicians to refine their use of "the seven steps of mindfulness" and to bring the inspiration of mindfulness more fully into their client's lives as well as their personal lives. User-friendly features include illustrative case examples, practice exercises and resource listings.

Registration Information

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Reno, NV 89521
(775) 850-9700

Las Vegas, NV

November 16, 2012

Springhill Suites Las Vegas
Convention Center
2989 Paradise Rd
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